

The Apple Tree Foundation
in support of
Kings Regional Rehabilitation Centre

2017 - 2018
ANNUAL REPORT



June 15, 2018

APPLE TREE FOUNDATION ANNUAL REPORT 2017 – 2018

(For the fiscal period April 1, 2017 - March 31, 2018)

Board Message

Each year, this space in the annual report is reserved for a message from the Foundation Chair. As Vice-chair on the 2017-2018 Executive, I have found myself filling the role of Acting Chair since January due to the illness of Chair, Wayne Morgan. *(Wayne subsequently stepped down from the Executive but remained a member of the Board of Directors until his passing in the Spring of 2018.)*

In addition to on-going fundraising activities within the Centre (*bi-weekly staff 50/50 draw and a vending machine*), the Board worked on the following fundraisers this fiscal period: 5-K & 10-K Walk/Run in April, Annual Golf Tournament in August, and Easter Lobster Lotto in March. With a lot of time and energy by Board members, Kings Regional Rehabilitation Centre (KRRC) staff, and other community volunteers, we held three successful fundraisers. I thank everyone for their contributions.

Upon recommendation of the KRRC Senior Leadership Team, the Foundation considers requests to fund special projects and programs within the main Centre and community homes. Please take a few moments to browse through this report to learn more about our fundraising activities and the projects we have supported.

The Foundation also accepted both general and memorial donations this year from client family members, other individuals and organizations. These generous gifts are greatly appreciated.

In 2018-2019, the Foundation will continue its work with the goal of enhancing quality of life for KRRC clients. We appreciate all those who support our work.

Regards,



Bob Stewart,
Acting Chair

* Wayne Morgan

(1939 - 2018)

Wayne Morgan, former Chair of the Foundation Board, passed away in April 2018.

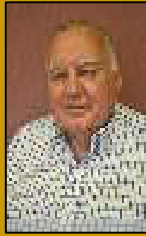
See *In Memoriam* on page 2.



Board of Directors 2017 - 2018

BRITTANY FLYNN	CINDY ROBERTS
BRIAN FRASER	MURRAY SALSMAN
JOE HAVERSTOCK (SECRETARY-TREASURER)	MIKE SMITH
MEG HODGES (STEPPED DOWN JAN '18)	BOB STEWART (VICE-CHAIR) (ACTING CHAIR SINCE JAN '18)
SCOTT MACKAY	TY WALSH (STEPPED DOWN OCT '17)
* WAYNE MORGAN	
BARRY MORSE	<u>Managing Director</u>
DONALD RAFUSE	TARINA BAMBRICK

IN MEMORIAM



F. Wayne Morgan
Apple Tree Foundation

As this report was going to print, the Apple Tree Foundation was saddened to learn of the passing of Wayne Morgan, on April 15, 2018.

Wayne was a member of the original Foundation Board of Directors when it formed over two decades ago. He rejoined the Board in 2014 and went on to serve as Chair until January of 2018, when he stepped down from that office due to failing health.

Wayne spent over 55 years working in the insurance industry and brought many skills from that long career to his volunteer work with the Foundation.

He maintained a positive outlook in everything he approached, and was actively involved in Foundation fundraising events and committee work.

He held great respect for both the staff and clients of Kings Regional Rehabilitation Centre.

Wayne was a kind and caring individual who will be greatly missed by his Board colleagues and all who knew him.

The Apple Tree Foundation



The Apple Tree Foundation (ATF) is led by a 15-member volunteer Board of Directors made up of members from the Community, Kings Regional Rehabilitation Centre (KRRC) staff and KRRC Board of Directors. Together they work on sub-committees to plan fundraising and profile building activities. The Board meets monthly (*with the exception of July and August*) and holds an Annual General Meeting in June.

While KRRC receives funding through the NS Department of Community Services, monies raised through the Apple Tree Foundation support special projects and programs that might not otherwise be possible.

Kings Regional Rehabilitation Centre

Kings Regional Rehabilitation Centre



(KRRC) is a supportive living and learning facility in Waterville, NS, serving some 200 adults and youth with intellectual disabilities, cognitive challenges, chronic mental illness, acquired brain injury, and physical disabilities. KRRC is accredited with Commendation through Accreditation Canada.



KRRC Mission Statement

In partnership with individuals, families and the community, we provide supportive living, learning and working environments to help persons with challenges use their skills to improve their lives.

Project Funding 2017 - 2018

Based on proposals submitted from within the Centre and Community Options programs in 2017-2018, the Board approved purchases or committed future funding for a variety of projects, programs and equipment.

	Project Funding	Area	Amount
1	Basketball/sport area & equipment: recreation for service centre participants	Plank Industries	\$300
2	* Outdoor leisure area/ Garden	Friars Unit	\$5,500
3	Surface work/ site prep for EKM supported Accessible Recreational Area	Centre Grounds	\$2,500
4	* Accessible Van	Main Centre	\$10,000
5	* Sensory Room Upgrade	Main Centre	\$5,300
	* Indicates purchase to be made or bulk of project to be completed in the next fiscal period		

Community Support Helps Foundation Purchase Adaptable Motorized Bike — Spring 2017

Based on a proposal submitted in early 2017 from the Centre's Occupational Therapy team, "Ride to Better Health," the Foundation committed to the future purchase of an adaptable MOTomed viva2 model bike for the Lifestyles program. (Reference Project Funding List, Annual Report, 2016-2017)

In April 2017, the Foundation held its 5-K and 10-K Walk/Run in which monies raised were matched dollar for dollar by the Scotiabank in New Minas. With this support, the bike was purchased later that month at a cost of \$3,500.

Harry's Story:

Harry O'Neil is one of about 50 clients with various levels of fitness and mobility challenges, who use the KRRC fitness room each week as part of the Lifestyles Program. The room was originally established by the Foundation in the 1990s.

Lifestyles staff member Darcy Huntley, a graduate of Acadia University's Kinesiology program, supervises the facility, working with each client to set up an appropriate exercise routine.

Harry, a resident of Rosedale Unit, was experiencing muscle degeneration in his legs and in the last few years had moved from using a walker to a wheelchair. He has been a regular in the fitness room for three years.

While some clients are looking for a gentler routine, "Harry will push to a sweat ... he challenges himself and he works hard," says Darcy. "I call Harry 'Champ'."

Designed to accommodate users in wheelchairs, this MOTomed bike has allowed Harry to remain seated in his own chair. His

legs are secured in the bike pedals with Velcro straps. If he becomes tired or distracted the bike motor kicks in to continue the pedaling motion. The right and left pedals can work independently, compensating for any muscle weakness or rigidity in either leg. Another feature the bike offers is an arm ergometer for an extra upper body workout.

With 30 minutes on the recumbent bike Harry covers about 10 kilometers a day and says he looks forward to spending time in the fitness room, and feels proud of his accomplishments.

(Thanks extended to Scotiabank for supporting this equipment purchase.)



Fundraising/ Profile Building Events April 2017: 5-K & 10-K Run/ Walk



The 4th Annual 5-K Run/Walk was expanded this year to include a 10-K component. Over 50 participants of all ages braved the chilly weather on the morning of April 23rd to complete the routes. After crossing the finish line at Kings Rehab Centre, everyone enjoyed snacks, while medallions and trophies were presented.



Thanks is extended to Community Volunteer and Run Committee Chair Bernie Tracey for his work on this event.



This fundraiser was sponsored by *The Running Room*, who provided setup, on-line registration and timings, along with *K-Rock*, who provided radio promotion and sourced prizes.

Scotiabank, New Minas branch, generously matched all funds raised by the Run, with proceeds going to specialized fitness equipment.



Staff at Scotiabank, New Minas, (including at far left) Charles Hennessey, Small Business Advisor and Holly Wong, Branch Manager, matched all monies raised at the Run and presented a cheque for \$1,695.50 to Apple Tree Foundation Chair (far right) Wayne Morgan.



Fundraising/ Profile Building Events

Aug 2017: Apple Tree Golf Classic

GOLD SPONSORS



SILVER SPONSORS



TD Asset Management

BRONZE SPONSORS



Hole in One Sponsor

HOLE SPONSORS

- | | | |
|---------------------------------------|---------------------------------|------------------------------------|
| AA Munro Insurance | Foster's Fire & Safety | Pineo's Pet Spaw |
| Berwick Family Dentistry | G. C. Baxter Plumbing & Heating | Protec Pest Control |
| Bishop & Company | Gates Insurance | Scotiabank - Cathy Walsh |
| Bruce Auto Group | Giant Tiger - Greenwood | Sobeys - Greenwood |
| Connell Chrysler | Maynard, Bent & Fagan | TD Wealth |
| David's Eyewear | Morse Brewster Lake | Valley Alarms |
| Family 1st Medical / Triumph Mobility | | Valley Credit Union |
| | | Warren's Chiropractic Café of Life |

FOOD & BEVERAGE SUPPORT



PRIZE / RAFFLE DONORS

Many businesses contributed prizes for winning teams and tournament challenges, as well as items for the raffle, which replaced the silent auction fundraiser held in past years



Twenty-seven teams participated in the 23rd annual Apple Tree Foundation charity golf tournament held Aug 11 at Berwick Heights. Winning Team was Parsons Investments, captained by Tim Parsons. The team is shown accepting the 1st place trophy with (far left) Golf Committee Chair Barry Morse and (far right) Kings Rehab CEO Joe Haverstock.



2017 GOLF COMMITTEE: Barry Morse - Board (Committee Chair)

Tarina Bambrick - Staff	Brian Fraser - Board	Brittany Flynn - Board	Joe Haverstock - Staff/Board
Ryan Hiltz - Staff	Darcy Huntley - Staff	Scott MacKay - Board	Wayne Morgan - Board
Charles Niesink - Staff	Cindy Roberts - Staff/Board	Murray Salsman - Board	Mike Schroeder - Staff

With thanks also to many other staff and community volunteers

Fundraising



After a busy two months of ticket selling, the Foundation's Easter Lobster Lotto Draw took place in the lobby of Kings Rehab Centre Mach 20.

Assisting with the Draw for 10 winners each for

20 lbs of lobster were (left to right in photo) Rainforth House Staff and Foundation Director Cindy Roberts; client Edith Keddy; and KRRC Board Chair and Foundation member Murray Salsman.

Thanks is extended to all Board members, staff and community volunteers who helped in selling the \$10 tickets. Board member with the highest number of sales was Bob Stewart, who sold 105 tickets.

Half of the lobster, 100 lbs, was donated by family and friends of a Centre client. The Foundation is most appreciative of this support and to those who purchased tickets.

March 2018: Easter Lobster Lotto

Winner 1: Ticket 128 Kirk Hicks Berwick	Winner 6: Ticket 142 Ray Gertridge Coldbrook
Winner 2: Ticket 448 Brenda Hulan Greenwood	Winner 7: Ticket 133 Lida LeDuc Berwick
Winner 3: Ticket 302 Brian & Sharon James Kentville	Winner 8: Ticket 329 Debbie Proctor-Scoville Tremont
Winner 4: Ticket 400 David Herman Kentville	Winner 9: Ticket 81 Elaine Mailman Aylesford
Winner 5: Ticket 134 Les Barrett New Minas	Winner 10: Ticket 469 Mark Durnford Berwick

Financials

The Apple Tree Foundation (ATF) was incorporated in 1994 as the fundraising arm of Kings Regional Rehabilitation Centre and is a registered public Foundation in accordance with sub-section 140.1 (1) of the Income Tax Act.

An independent auditor is appointed each year to review and report on financial operations.

Year-end financial statements are presented in June at the Annual General Meeting and include: Statement of

Financial Position, Statement of Operations and Assets, and Statement of Cash Flow.

Requests to view the full financial statements may be made in writing to the Foundation office:

Mail to:

1349 County Home Rd
PO Box 128
Waterville, NS B0P 1V0

E-mail to:

foundation@krrc.ns.ca

STATEMENT OF OPERATIONS AND NET ASSETS	
YEAR ENDED MARCH 31, 2018	
<u>REVENUES</u>	<u>2018</u>
Donations - General	\$25,960
Donations - Memorial	335
Fundraising activities	
Golf tournament and raffle	21,021
50/50 Draw	23,856
Vending Machine	15,924
Marathon	3,353
Raffle	4,290
Miscellaneous	-
Interest Income	1,392
	\$96,131

Donations

The Foundation gratefully accepts donations from individuals, businesses and organizations, and issues charitable tax receipts.

Memorial donations are received in memory of clients or staff who previously resided or worked at Kings Regional Rehabilitation Centre, or for any other individual.

Many families of KRRC clients also support the Foundation's annual Christmas card mail-out campaign with a financial gift.

On occasion, the Foundation also accepts in-kind contributions. In 2017 a donation of a specialty wheelchair was received from the Greene family.

For several years, the Foundation has been the recipient of an annual donation from the DRM Foundation. This year there was another generous donation of \$7,000.

Thanks are extended to all donors.

Memorial Donations received in memory of clients, client family members, staff, or other individuals
IVAN COCK
ANDREW PARRISH
BRIAN WEIR



As per Foundation policy and bylaws, individuals who donate \$100 or more in a calendar year qualify for membership in the Foundation the following year, with voting rights at the Annual General Meeting. An invitation is mailed to these donors.

(Please print donation information below)

Name: _____

Mailing Address: _____

Donation to Apple Tree Foundation

I wish to support the client programs and activities of Kings Regional Rehabilitation Centre through a donation to the Apple Tree Foundation.



\$ _____

I have enclosed a Cheque Money Order

Payable to: The Apple Tree Foundation
1349 County Home Rd, PO Box 128,
Waterville, NS B0P 1V0



The Apple Tree Foundation

1349 County Home Road

PO Box 128

Waterville, NS B0P 1V0

Telephone: (902) 538-3103 Ext. 172

Email: foundation@krrc.ns.ca

Web: www.krrc.ns.ca/appletreefoundation