

## About the Apple Tree Foundation



The Apple Tree Foundation (ATF) was formed as a registered charity in 1994 and has been helping enrich the lives of clients at Kings Regional Rehabilitation Centre (KRRC) for 24 years.

While KRRC receives funding through the NS Department of Community Services, it must also look at generating additional revenue.

It is through the efforts of Foundation Board members, many being volunteers, along with contributions from Centre staff and the community, the ATF has been successful in raising monies to help support special projects such as a fitness room, landscaping and grounds beautification, computer lab, audio visual equipment, Mountain View Boutique, wheelchair accessible vehicles and a greenhouse.

Each year the Foundation organizes a variety of fundraising events, activities and raffles, and also accepts general donations and in-memorial gifts.

The Foundation's accomplishments could not be possible without the support of the community. It is both the donation of time and the contribution of financial resources from individuals, businesses and organizations that sustain these initiatives.

**To become a member of the Foundation, serve on the Board, volunteer at an event or make a donation, contact the Foundation Office at (902) 538-3103 ext 172 or**

## In the Community

### Cambridge Community Outreach Group (CCOG)

CCOG is an outreach program of KRRC in collaboration with the NS Department of Community Services, Services for Persons with Disabilities (SPD) Program, providing consultation services on strategies and interventions for responsive behaviours.

For additional information about KRRC:



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#### KRRC 2018 BOARD OF DIRECTORS

**Municipal Council  
Appointments**  
Bob Best, Councillor  
Paul Spicer, Councillor  
Martha Armstrong, Councillor  
Peter Allen, Councillor

#### Community Member

**Appointments**  
Faye Best  
Don Rafuse

**Provincial  
Appointments**  
Cathy Cantwell (Treasurer)  
Donald MacDonald (Vice-Chair)  
Murray Salsman (Chair)  
Vacant



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# Kings Regional Rehabilitation Centre

*In partnership with individuals, families and the community, we provide supportive living, learning and working environments to help persons with challenges use their skills to improve their lives.*



## Kings Regional Rehabilitation Centre

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## About KRRC

Located in Waterville, Nova Scotia, Kings Regional Rehabilitation Centre (KRRC) is an accredited supportive living and learning facility supporting some 200 adults and youth.



Over 600 professional and support staff provide quality care and support through programs and services for adults and youth with intellectual disabilities, cognitive challenges, chronic mental illness, acquired brain injury and physical disabilities.

Clients have access to a variety of professional services including medical, nursing, nutrition, psychological and psychiatry services, social work, speech-language therapy, physiotherapy, occupational therapy, assistive technology and other resources. They also take part in a variety of recreational opportunities, including a Special Olympics Torch Run.

A Client Family Council provides an opportunity to liaise with staff and family members, while an in-Centre Client Council serves as an outlet for clients to offer input into their programs and activities.



## Serving Adults and Child/Youth

Both Adult and Child/Youth clients participate in an individualized program plan (IPP) to identify individual needs and abilities so that programs and activities enhance care, independence, health, social and daily living skills, and learning. Clients develop their potential and improve their lives through opportunities to participate in a choice of supportive living, learning, and working environments both in-Centre and through community programs.

## Supportive Work Programs

In-Centre programs provide work and leisure activities with rewarding challenges in greenhouse operations, crafts, product sales and money management, industrial contracts and laundry.



## Plank Industries Woodworking & Packaging



Vocational programs at the off-site service centre, Plank Industries, offer employment opportunities for both KRRC clients and adults with intellectual and physical challenges from the community. Work is completed in a team oriented-environment, providing a sense of pride and accomplishment for participants. Services include carpentry, furniture refinishing, labeling and shrink-wrapping and packaging. Specialty oven-baked dog treats called Dog-Gone Goodies are also produced.

## Community Options

The Community Options Program provides a number of programs to support community living for adults and child/youth clients of KRRC at off site community homes. Safe, stable, accommodations are supported with programs designed to address cognitive, psychological, emotional and/or social challenges. Programs focus on skill development (personal, social, vocational and educational) as well as opportunities through community integration.

Participants in the Day Program receive support with academics, life skills, social skills and behaviours.

## Professional Development Services (PDS)

Kings Regional Rehabilitation Centre has years of experience in professional development and staff training. PDS provides a range of learning opportunities in-Centre, off site and on-line via the KRRC intranet. Instructors offer certified and non-certified courses to enhance skills and quality of support for clients.



Group sessions include:

Behaviour Supports, Standard First Aid, Mental Health First Aid, Autism Awareness & Individual Program Planning (IPP).

A comprehensive orientation is provided to new employees and student placements within the Centre are coordinated with post-secondary institutions.

## Learning & Technology Centre (LTC)

The Learning and Technology Centre (LTC) offers KRRC clients, and members of the community, an Assistive Technology resource centre and lending library. The Assistive Technology Resource Consultant offers guidance in matching the most effective technology to meet an individual's needs to achieve their life goals.



LTC provides educational opportunities for people living at KRRC to enhance their life, academic, and employment skills through individualized instructional materials and learning strategies.